



Charlie Crist  
Governor

Ana M. Viamonte Ros, M.D., M.P.H.  
State Surgeon General

---

**For Immediate Release**  
January 4, 2009

Contact: Sandon S. Speedling  
850-872-4455 ext 1110

### **Seasonal Flu Vaccine Available at the Bay County Health Department**

**Bay County**--The Bay County Health Department has a limited supply of seasonal flu vaccine which is available for the public. The peak of flu season is rapidly approaching and the health department is encouraging people to get the seasonal flu vaccination if they have not already done so.

Appointments are recommended to receive the vaccine. To make an appointment, please call the health department at 872-4455 ext. 232. The cost for the vaccine is \$26 (cash, check, VISA and MasterCard are accepted). The health department will also file Medicare.

It is important to remember that the seasonal flu vaccine and H1N1 Flu vaccine are two different vaccines. Individuals should receive both vaccines for the best protection this flu season.

***To reduce the spread of the seasonal flu, practice these three proven methods:***

- ✓ ***Wash your hands***
- ✓ ***Cover your cough and sneeze***
- ✓ ***Stay home when sick***

###